

## GENE KEYS LINE KEYNOTES – GENERAL AND PER PROGRAM

	LINE 1	LINE 2	LINE 3	LINE 4	LINE 5	LINE 6
<b>GENERAL KEYNOTES</b>						
<b>The House</b>	Cellar/Basement	First Floor windows open/lights on	Roof of first floor	Floor of second floor	2nd Floor lights off	Roof
<b>Range</b>	The Individual	The Relationship	The Family	The Community	The Collective / Humanity	The Universe / Cosmos / Spirit
<b>Human Design Keynotes</b>	Introspection	Projection	Adaptation	Externalisation	Universalisation	Transition
<b>Foundational Structure Keynotes</b>	Investigation	Being	Trial and Error	Conviction	Organisation	Objectivity
<b>Element</b>	Earth	Water	Fire	Air	Ether	Earth of next realm
<b>Physical System / Physiology</b>	Skeletal system / Posture / Bones / Structure / Muscles	Lymphatic / immune / reproductive system	Cardiovascular system / belly	Respiratory system / Chest	Nervous system/ Throat	Endocrine system / meridians / Head
<b>Immune System</b>	Stress	Bacteria	Fungus	Parasite	Virus	Toxin
<b>Chakra</b>	1	2	3	4	5	6 and 7
<b>PRIME GIFT KEYNOTES</b>						
<b>Foundational Structure</b>	Investigation	Being	Trial and Error	Conviction	Organization	Objectivity
<b>Quality</b>	Introspective	Relating, expressive	Discovery, adaptive	Connecting, friendly	Leading, practical	Overseeing, Visionary
<b>Chakras</b>	Base-Self Empowerment	2nd Chakra-passion and relationships	3rd Chakra-energy and experience	4th Chakra- love and community	5th Chakra - power and projection	Higher Chakras-education and surrender
<b>Mystical Keynote</b>	Mystic	Seer	Fool	Prophet	Avatar	Magus
<b>High Frequency</b>	Rock solid-inner certainty	Expression of pure inner light	Joyous, humble, wise	Honest, open, heartfelt	Leads through listening, simplifies	Wise, accessible, and ahead of its time
<b>Low Frequency</b>	Afraid of own potential	Unconsciously provocative	Unreliable, pessimistic, evasive	Fixed view, hides behind pretence	Self-deluded, tyrannical, hierarchical	Aloof, arrogant, inaccessible
<b>Responds to</b>	Full Information and heartfelt directness	high frequency with no agendas	Absolutely no pressure	Integrity, honesty, softness and romance	Simple, practical solutions	Patience

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<b>VENUS SEQUENCE KEYNOTES</b>						
<b>Emotional Shadow</b>	Repression	Denial	Shame	Rejection	Guilt	Isolation
<b>Wound Patterns</b>	Hidden	Anger	Commitment	Emotional Wall	Mental Labyrinth	Disincarnation (left body)
<b>Potential Body Aera Issues</b>	Feet, legs, anus	Pelvis, sexual organs	Belly, intestines	Chest armour	Throat, mind, speech	Head
<b>Reasons we don't heal</b>	Cowardly	Aggressive	Self-destructive	Fake	Self-pitying	Isolated
<b>Teenage Keynotes</b>	Secretive	Blind	Angst	Cruel/cool	Defensive	Absent
<b>Pronouns and their language patterns</b>	I – Self-sabotage – 'I can't do it'	You singular – Accusation – 'It's your fault'	He/She/It – Complaint – 'He's to blame'	We – Nihilistic – 'We are all to blame'	You plural – Complex – 'You will all be sorry'	They – Conspiracy – 'They are out to get me'
<b>Escape Strategies - How you fake it</b>	Confrontation	Superiority	Frivolity	Acquiescence	Reinforcement	Over-sincerity
<b>Antidotes</b>	Love yourself	Love another	Love your family	Love your friends / community	Love humanity	Love God / life
<b>Freeing your spirit</b>	Self-discovery - find your wild spirit	Relating - come out of your self-denial	Impotence - see through your pattern	Authenticity - take off your masks	Disappointment - rescue yourself	Isolation - include yourself
<b>Healing Paths</b>	Be truthful	Relax and be natural	Laugh	Be gentle	Forgive (yourself)	Allow
<b>Healing Lines and their States</b>	Certainty - Confident	Naturalness - Free	Release - Experienced	Acceptance - Influential	Clarity - Far-reaching	Freedom from mind - Transcendent
<b>Release of Miracles</b>	Physical Body	Relationships	Family/money	Community	Recognition by society	Spiritual
<b>SATURN SEQUENCE KEYNOTES</b>						
<b>Planetary Fractal Wounds</b>	Disease	Violence	Starvation	Poverty	War	Indifference
<b>Racial Wounds</b>	Invasion	Liberation	Migration	Colonisation	Tyranny	Annihilation
<b>Mythic Wounds</b>	Murder	Rape	Betrayal	Revenge	Victim	Obsession
<b>Planetary Miracles</b>	Healing the earth	Healing the male and female psyche	Healing the family	Healing the national identity	Healing humanity	Healing the divide between the Divine and the material

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<b>PEARL KEYNOTES</b>						
<b>Talent</b>	Production	Marketing	Strategy	Sales	Management	Philanthropy
<b>Culture</b>	Individual	Partnership	Unit	Network	Empire	System
<b>Brand</b>	Boldness (security)	Passion (image)	Humor (pleasure)	Heart (feelings)	Wisdom (solutions)	Vision (education)
<b>Drama</b>	Scriptwriter	Agent	Producer	Director	Promote	Audience
<b>Economy</b>	Savings	Credit	Risk	Loans	Debt	Investment
<b>Poverty Consciousness</b>	Serious	Naive	Unreliable	Tight	Disorganised	Distrustful
<b>Ways to Wealth</b>	Joyous	Shrewd	Adaptable	Honourable	Professional	Visionary
<b>Pearls</b>	Simplicity	Control	Celebrity	Charity	Power	Nature
<b>DREAM ARC KEYNOTES</b>						
<b>Points on the spine</b>	Hui Yin	Sacral	Ming Men	Heart Point	Jade Pillow	Pai Hui
<b>Six Senses</b>	Touch	Taste	Smell	Sound	Sight	Fusion of Five (sixth sense)
<b>Six Organs and their Sounds</b>	Kidney - groaning	Liver - shouting	Heart - laughing	Spleen - singing	Lungs - crying	Triple Warmer - silence
<b>Six Yogas</b>	Hatha yoga	Kundalini yoga	Karma yoga	Bhakti yoga	Jnana yoga (mantra)	Raja yoga

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<b>CORPUS CHRISTI</b>	<p><b>The Physical Body</b>  <i>The Physical Body forms the bedrock of all incarnation. On the physical plane, the collective memory of humanity is stored in your DNA. The physical body also has a subtle twin counterpart known as the 'etheric' body, around which the whole science of true health is built. Over time, the physical body comes to reflect most closely the state of your astral body and its emotional states.</i></p>	<p><b>The Astral Body</b>  <i>The Astral Body is the layer of the human aura that collects, stores and transmits every kind of human emotion and desire, from the meanest to the loftiest. In the astral body, pleasure and pain are reflected as vibrational frequencies which effectively divide the astral plane into 'hell' realms and 'heaven' realms. The astral body is most active during sleep when it processes your daily urges through the dream life. As the next layer to the physical and etheric body, the astral body also has a huge effect on your health. After death, the astral body is directly confronted with the true nature of every single emotional impulse you had whilst alive in the physical body.</i></p>	<p><b>The Mental Body</b>  <i>The Mental Body exists at a higher frequency than your emotions and is constructed out of your thinking life. The mental body is greatly influenced by the collective mental body of humanity itself, which tends to pull our thinking down into the unfulfilled desires of the astral body. As your thinking revolves around higher impulses, the mental body gradually disentangles itself from the astral body and takes on greater power. The mental body can also be used by the lower consciousness to repress the natural impulses of the astral body, which can also lead to problems in health at all levels.</i></p>	<p><b>The Causal Body</b>  <i>Sometimes dubbed the 'soul', the causal body directly corresponds to the physical body but at a higher level. It stores the collected goodwill of the human soul as a memory signature written in light. After death, the lower three bodies disintegrate and only that which is refined and pure is drawn up and retained in the causal body. The causal body responds to higher visions and archetypes that lie beyond language but that can still be conveyed through direct transmission on the lower three planes. As your causal body develops more lucidity, so the higher bodies can use it as a means of directing the lower three bodies to higher and higher frequencies. In this respect, the causal body is the great bridge between the lower and higher planes.</i></p>	<p><b>The Buddhic Body</b>  <i>The Buddhic Body is the higher octave of the astral body and as such it reveals the pure Truth that humanity and all the earth planes are in fact one single organism. Once your awareness is fully anchored in the buddhic body, the causal body dissolves and reincarnation in the normal sense is no longer possible. It is through the buddhic body that human beings have access to the field of universal love and the higher ecstasies associated with enlightenment. It represents the third feminine realm of the Divine Trinity - that of Divine activity.</i></p>	<p><b>The Atmic Body</b>  <i>As the higher As the higher octave to the mental body, the atmic body allows human beings access to the higher evolutions outside the process of physical incarnation. Whilst the buddhic body always retains its connection to humanity through its compassion, the atmic body brings awareness into the cosmic field of Christ consciousness, directly merging your awareness into the Divine Mind and Heart, the second aspect of the Holy Trinity. It is through the atmic body that the great avatar streams enter the world. It is also the realm of the Siddhis - the many miraculous manifestations of the Divine.</i></p>

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<b>ADVICE</b>						
	You are The Mystic/ Shaman – The First Seal – Relaxation	You are The Seer – Healed by the Second Seal (Omniscience)	You are The Holy Fool – The Third Seal – Universal Love	You are The Prophet – The Fourth Seal – Epiphany	You are Avatar – The Fifth Seal – Forgiveness	You are Magus – The Sixth Seal – Truth
	Wherever you have a line 1, there is a fear whose essence must be explored, researched, experienced and accepted. You have to go down into your body in order to find its hidden radiance.	Wherever you have a line 2, you have a blind spot that will emerge over and over in your relationships. Look into the mirror of your relationships and you will recognise this blind spot. It will always be called out by another. Always assume its You! Anger into passion.	Wherever you have a line 3, there is an issue of commitment inside you. It is a place of shame you will have to confront and learn to laugh about yourself. There is nowhere to hide. Everyone is your family.	Wherever you have a line 4, it can only be opened by your heart. You have to be very gentle with yourself here. Only you can heal your own heart. It is an epiphany waiting to happen. Infinite softness.	Wherever you have a line 5, you have a story running inside your being. Forgiving everyone else is forgiving yourself. It's your own tyranny of your belief system. You have trip running here. You will have to dismantle it yourself as it is sucking your life force.	Wherever you have a line 6, you have something of a higher reality trying to incarnate in you. You have to become that higher reality and bring it to earth. Its not enough to have the vision, you must allow it to manifest in your physical life and body. Watch yourself when you disappear, notice how you disengage and wait until you come back. In time, you will fully arrive as long as you become aware of the times when you are not emotionally or energetically present. Presence is the key.